

Suzuki AGM Guest Speaker 2022



TITLE:

Fireworks in the Musical Brain

Dr. Anita Collins

Suzuki Music is proud to host Dr. Anita Collins as our guest speaker for the AGM:

Sunday 09 October – 10am AGM followed by talk.

Neuroscience and psychology researchers have done extensive studies over the last 20 years to understand how the brain processes music and why music learning seems to be such a cognitively unique activity. Musically trained children have better language and communication skills, can focus for longer and are more likely to stick to difficult problems until they solve them, they are able to control their own emotional responses and understand emotional responses of others and they have significantly better working and long-term memory systems. These enhancements then support happier and healthy lifestyles and choices in adulthood, the capacity to both shift and advance in their professional lives and maintain their brain health into later life. The research is now starting to reveal why music learning is so effective at enhancing brain function. Come along and hear Dr. Collins speak about this exciting and impactful research.

Dr Collins is an award-winning educator, researcher and writer in the field of brain development and music learning. Anita is best known for her role as on-screen expert and campaign lead for the *Don't stop the music* documentary that aired on the ABC in late 2018 and the author of *The music Advantage*. She is internationally recognized for her unique work in translating the scientific research of neuroscientists and psychologists to the everyday parent, teacher, and student. Over the last two years Anita has interviewed close to 100 researchers in labs across the US, Canada, Europe, and Australia. Anita has written opinion columns for the AGE and The Conversation, authored papers for international peer-reviewed journals, guest author on international sites and specialist technical writer for OECD Education Framework 2030. Anita is a Churchill Fellow, a TEDx speaker and the author of one of the most watch TED Education films ever made.

